Discussion Questions for *Groundhog Day*

1) Discuss your experiences with monotony in your work, relationships, or daily life. Is there anything from the film that you could apply to these experiences?

2) Discuss the meaning of “Spring”...

3) Discuss Phil’s transformation and how this applies to your personal experience...

4) Phil discovers he “can do whatever he wants”, and he “is not going to play by their rules anymore”...
    a) What is the meaning of this?
    b) What is the effect of this on him?
    c) Have you had any experience with this sentiment? What happened to you?

5) Discuss the character of Rita… What is her role?
    a) Have you ever been the voice of reason in a situation; Or, have you ever been the recipient of the voice of reason? Discuss this experience…

6) How does Phil treat people? Discuss the differences in the way he treats people throughout his transformation…

7) What does it mean to be *known*?
    a) How does Phil demonstrate openness and honesty in his transformation?
    b) How does this help him to know people?
    c) How does this help him to be known?
    d) What is your personal experience with being known: are you open or closed? Honest or dishonest? (For example: at the beginning of a relationship.)

8) How does Phil’s understanding of love change over the course of his experience?
    a) How has your own understanding of love changed, as you mature?

9) Phil says he is happy: what does this really mean for him?
    a) Ask yourself the same question…

10) Discuss any observations you made during the film (feel free to to use the Guide sheet as a reference.)