Subjects for Expansion:

Music

A love Supreme (Album), John Coltrane

- This album is provoking and complex. A brilliant jazz musician and composer, John Coltrane experienced the bowels of humanity through a heroin addiction. This album was his first work after he got clean. I highly recommend it!

The Complete Fire and Enjoy Recordings (Album), Elmore James

Artwork

The work of artist Suhair Subai, http://www.saatchiart.com/SuhairSibai

Interview

An NPR interview with *Sorrowful Songs* composer, Gorecki, gives insight into his inspiration...

http://www.npr.org/blogs/deceptivecadence/2010/11/12/131272415/henryk-gorecki-composer-of-symphony-of-sorrowful-songs-dies-at-age-76

Literature

The Way of the Cross, Caryll Houselander

- Catholic writer, Caryll Houselander, has a highly stylized and beautiful way of expressing her mysticism. Of note in this work, her illustrations of the Way of the Cross. Much meaning and emotion is found in their extreme simplicity.